

**St Teresa's Hospital
Health Screening & Diagnostic Centre**

Preparing yourself for Medical Check-up

1. Please call our centre at 2200 3118 for schedule of appointment
Service hour: Monday to Friday 08:00 – 16:00, Saturday 08:00 – 12:00,
Sunday & public holiday closed
2. Please bring along with you your I.D. Card / Passport or valid Hong Kong Travel Visa for registration. “Health Screening and Diagnostic Centre” is located on 1/F, Main Block.
3. Keep fasting after midnight before your appointment (small sips of water is allowed)
4. Special precautions for patient on specific testing:
 - (1) “Stress Test” - Bring sport shoes and wear loose, comfortable clothes
- Withhold all anti-hypertensive drugs till doctor’s review.
 - (2) “Urea Breath Test” - inform our staff before examination if you are taking antibiotics or medication for stomach.
 - (3) “Stool Test” - Bring your stool sample collected within 24 hours of examination
 - (4) “Fasting blood test” - for diabetic clients, withhold your medication for diabetes until the examination is completed.
5. For female clients, medical check up not during period or five days after period is advised.
6. It is advisable to bring your recent X-ray or Ultrasound films for comparison.
7. Should you have any queries, please feel free to contact us at 2200 3118
(Monday to Friday 08:00 – 16:00, Saturday 08:00 – 12:00)

Effective date 01-09-2012