

St Teresa's Hospital

Health Screening & Diagnostic Centre

Preparation for Medical Check-up

1. Please call our centre for check-up appointment.
2. Bring along your I.D. Card, Passport or valid Hong Kong Travel Visa for registration. The centre is located on 1/F, Main Block.
3. Keep fasting after midnight, only water is allowed.
4. Special precautions for patient on specific testing:
 - (1) Exercise Treadmill Test
 - Bring sport shoes, wear loose and comfortable clothes.
 - For hypertensive clients, bring along with anti-hypertensive drugs and withhold, resume after finish the examination.
 - (2) Urea Breath Test
 - Stop taking antibiotics for 1 month and antacid drugs for 2 weeks.
 - Inform our staff before examination if you are taking these drugs.
 - (3) Stool Test
 - Bring your stool sample in a clean container which is collected within 24 hours.
 - (4) Fasting blood test
 - For diabetic clients, withhold your antidiabetic drugs until finish the examination.
5. For female clients, ThinPrep Pap test is not recommended during menstruation period, it could be performed 3 days after the end of menstruation period.
6. It is advisable to bring along your recent X-ray or Ultrasound films for comparison.
7. All examinations must be completed within one month and the report should be taken within three months.
8. If you have any queries, please feel free to contact us.

Our direct line : 2200 3118

Service hour: Monday to Friday 08:00 – 16:00

Saturday 08:00 – 12:00

Closed on Sunday & Public Holidays