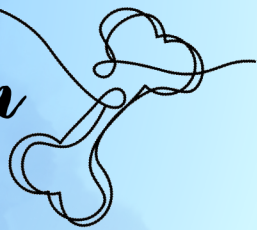


Radiotherapy in Bone cancer or Metastasis



Treatment Overview

Bone cancer, including bone tumors or bone metastasis, can be effectively treated with techniques such as Volumetric Modulated Arc Therapy (VMAT) or Stereotactic Body Radiotherapy (SBRT), achieving precise dose delivery to the tumor while protecting surrounding healthy tissues, minimizing side effects. Treatment plans are individualized according to tumor characteristics and patient-specific needs, typically consisting of 5 to 10 sessions. Radiotherapy can effectively reduce tumor size and alleviate severe pain caused by tumor compression, thus providing symptomatic relief and enhancing the patient's quality of life.



St. Teresa's Hospital
Oncology Centre

RT Techniques

Volumetric Modulated Arc Therapy (VMAT)

- Volumetric Modulated Arc Therapy (VMAT), also known as RapidArc, represents an advanced radiotherapy technique
- During VMAT treatment, the machine rotates 360 degrees while simultaneously adjusting the intensity, shape and dose rate. This allows for precise targeting of irregularly shaped tumors, efficiently controlling disease progression and providing symptomatic relief, such as pain control
- Compared with conventional radiotherapy, VMAT offers the distinct advantage of significantly reduced treatment time, often just a few minutes. Patients are spared from prolonged immobilization on the treatment couch, reducing discomfort during treatment

Stereotactic Body Radiotherapy (SBRT)

- For smaller tumors, the treatment sessions of Stereotactic Body Radiotherapy (SBRT) are reduced, ranging from 1 to 5, effectively controlling tumor growth and relieving symptoms in short time. SBRT is ideal for treating tumors in close proximity to critical structures, such as bone marrow or major blood vessels

Image-Guided Radiotherapy (IGRT)

- Image-Guided Radiation Therapy (IGRT) is fully utilized in our centre. Image verification is conducted before each treatment, with a six-dimensional treatment couch to adjust patient positioning, ensuring precise tumor localization and minimizing displacement errors

Features

Artificial Intelligence (AI)

- By incorporating the latest medical technologies, artificial intelligence is integrated into dosimetry procedures to enhance both efficiency and safety

Tattooless Skinmark

- Delivers precise treatment using the IGRT technique without permanent tattoos
- Eliminates pain and invasive piercing from tattoo marking procedure
- Eliminates cosmetic concerns

Professional & Efficient

- Surface-guided and IGRT techniques reproduce simulation position accurately
- Employs computerized automatic tracking and verification technology, imaging localization can be completed quickly before each treatment
- With the VMAT technique, treatment duration is reduced (substantially from 30 minutes to less than 10 minutes), increasing treatment effectiveness and accuracy.

Technology Development & International Awards

We are dedicated to advancing and refining treatment technologies. Actively participating in international radiation dosimetry competitions, we have been recognized with multiple awards in various cancer contests. For more details, please refer to the "Radiotherapy Planning Awards" brochure.

RT Procedures & Notice

1) First Consultation

Our oncologists will listen and understand your situation carefully to tailor the most suitable radiation therapy scheme for you.

2) Simulation & Computed Tomography

A customized immobilization device will be created based on your body contour to ensure stable positioning, followed by a CT scan specifically for radiation dosimetry. This helps the oncologist to define treatment area and prescribe radiation dose accurately.

3) Treatment Plan Dosimetry

Our dosimetry team will compute a personalized treatment plan that precisely targets tumor cells while minimizing damage to surrounding healthy tissues.

4) Imaging Verification

Before each VMAT treatment, X-ray On-Board Images (OBI) or Cone-Beam CT scans (CBCT) will be used to verify target localization and positioning accuracy.

5) Treatment Position Verification & Adjustment

After image verification, we utilize a Six-Degree-of-Freedom (6 DoF) couch to adjust positioning effectively, enhancing treatment precision.

6) Treatment Delivery

Radiotherapy will be delivered according to your individualized treatment plan. Each session for bone cancer or bone metastasis treatment typically lasts about 10 minutes.

7) Post-Treatment Care and Follow-Up

Throughout the treatment course and following completion, we closely monitor both therapeutic effectiveness and potential side effects.

Possible Side Effects & Management

Fatigue

- Get plenty of rest, maintain a balanced diet, and ensure adequate nutritional intake

Pain or Discomfort at Treatment Area

- Consult your oncologist for medication to relieve symptoms

Service Commitment

Our team possesses extensive expertise in radiotherapy planning and is committed to completing treatment design and commencing therapy within one week for our patients.

RT Charges

We commit to providing professional and high-quality medical services to patients from all backgrounds at reasonable fees. For details on charges, please refer to the "Radiation Therapy Charges" or call 2200 3493 for inquiries.



Contact Us

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Opening Hours

Monday - Friday

09:00-18:00

Saturday

09:00-12:30

Sunday & Public Holiday

Closed



Radiotherapy
in
Bone
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Metastasis



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